

My Grocery List

Vegetables	Fruits	Dairy	Bulk Foods	Staples
Broccoli	Apples	Butter	Basmati Rice	Baking powder
Carrots	Avocado	Cheese	Black beans	Baking soda
Cauliflower	Bananas	Cottage Cheese	Brown rice	Balsamic vinegar
Chilis	Berries	Eggs	Bulgar wheat	Bread flour
Cilantro	Grapefruit	Milk	Chickpeas	Honey
Corn	Grapes	Parmesan cheese	Couscous	Maple syrup
Cucumber	Kiwi Fruit	Yogurt	Kidney beans	Mustard
Garlic	Lemons		Lentils	Olive Oil
Ginger	Limes	Refrigerator	Oatmeal	Peanut butter
Greens	Melon	Soy milk	Pasta	Yeast
Lettuce	Oranges	Tempeh	Quinoa	
Mushrooms	Peaches	Tofu	Raisins	
Onions	Pears		Raw nuts	Drinks
Parsley	Plums	Freezer	Raw seeds	Beer
Peppers		Corn		Coffee
Potatoes		Fruit		Tea
Spinach		Peas		Wine
Squash		Spinach		
Tomatoes				
Zucchini		Personal Care		Kitchen / Cleaning
		Body wash	Lotion	Baggies
		Conditioner	Q-Tips	Dish soap
		Condoms	Razors	Dryer sheets
		Deoderant	Shampoo	Foil
Pets	Baby	Facial cleanser	Shaving cream	Garbage bags
Cat food	Baby food	Facial tissue	Soap	Laundry detergent
Cat Litter	Diaper lotion	Floss	Toilet paper	Plastic wrap
Dog food	Diapers	Hand soap	Toothpaste	
Pet shampoo	Formula			
	Wipes			